



Lifeline

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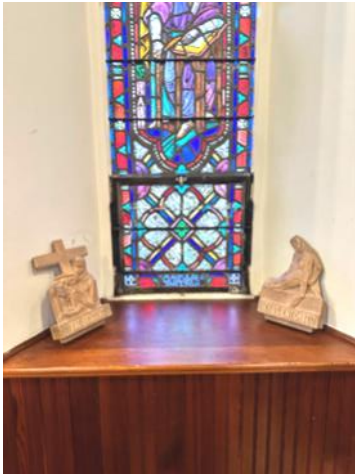
The Church of the Holy Trinity

An Episcopal Church

office@holytrinityoxfordmd.org



A Message from Our Rector, *Fr. Kevin M. Cross*



Our New Stations of the Cross donated by Justine Cooney



Daughters of the King



Garden Club Making Arrangements for Our Lunch Bunch Deliveries



Thomas Beard Concert on February 28



Bay Hundred Volunteers



CHEERS and APPRECIATION

- Appreciation to **Justine Cooney** for her donation of the hand carved Stations of the Cross from Italy. Justine dedicate these in loving memory of her beloved Jim.
- Thank you to our **Jr. Wardens** for new the plantings along the south wall of the church, at the chapel and in the rectory yard. Also thank you for the power washing of the rectory that has now turned from green to its original gray! God's beauty in creation is on full display.
- Cheers and Thanks to everyone, especially **Chef Dennis Roberts**, who helped cook, set up, and clean up at our very successful Shrove Tuesday Community Pancake supper. A great time was had by all and \$690 was raised for the Neighborhood Service Center.
- Thank you and great appreciation extended to **Carla Todd** for volunteering to help chair the Annual Oxford Day Plant Sale of the Women of Holy Trinity. This is one of our major local mission fund raisers and
- Gratitude extended to our **Altar Guild, Flower Guild Readers, Acolytes, and Ushers** for their dedication.
- Thank you to **Bill Grauel, Dennis Roberts, and Sandy Wrightson** for their service with the Bay Hundred Community Volunteers. You are extending the love of God to those in need in our communities.
- Thank you to **Cora and our concert volunteers** for helping us present a magnificent series of concerts. Music is the language of God

Blessings. Fr. Kevin

Palm Sunday – Readers Needed for the Passion

On Palm Sunday we will hear a dramatic reading of the Passion from the gospel of Mark. We need volunteers to serve as readers who would take on one or more roles of the characters in the Passion story. Most of the roles speak briefly in one or two lines, only the roles of Mark, the Narrator and Jesus have more to speak. Please consider serving as one of our readers at the 8 or 10 am services. Call the Parish office or speak with Fr. Kevin or Deacon Lisa about your interest.

Connie's Corner



It is often the small steps, not the giant leaps, that bring about the most lasting change. –**Queen Elizabeth II**

Attitude is the 'little' thing that makes a big difference. –**Winston Churchill**

All our dreams can come true – if we have the courage to pursue them. –**Walt Disney**

Champions keep playing until they get it right. –**Billie Jean King**

We can't help everyone, but everyone can help someone. –**Ronald Reagan**

Happiness is not something readymade; it comes from your own actions. –**The Dalai Lama**

The Sun himself is weak when he first rises, and gathers strength and courage as the day gets on. –**Charles Dickens**

Never bend your head. Always hold it high. Look the world straight in the eye. –**Helen Keller**

It is during our darkest moments that we must focus to see the light. –**Aristotle**

Work boats sitting silently in the night
Glorified by the moon's beautiful light
Patiently waiting for the watermen to step upon the berth

Who will take them asea, from the earth
What will the day bring
Exciting and wonderful things
They love to be running and doing their best
Until the watermen decide they need a rest
God gave us all we enjoy
Like the happiness of a little boy
We are blessed to have these delights of day
God, please let it always stay.

"Written by Connie Greenhawk

If you would like to submit a favorite saying or thought, email to Connie at

The Bible As Prayer

"Your word is a lamp for my feet, a light on my path." Psalm 119:105

Our Wednesday Lenten group, **Be Still: A Simple Guide to Quiet Times**, is exploring how we approach prayer and meditation as a daily practice. It is a good subject for the period of Lent, which is a time we can use to slow down a bit and center ourselves around what is important to our spiritual life. Too often prayer is jammed in between other tasks and seen as one more thing to do rather than a time that can offer us refreshment for soul and body. Prayer that is based on a sense of obligation is often prayer that does not yield fruit.



This study is based on the premise that Christian meditation at its best is not a time of emptying but of filling of one's mind with the presence of God. In fact, one approach to prayer according to Brian Heasley the author of **Be Still**, makes a case for Bible reading to be one of the fundamental pillars of quiet time.

In our session last night, we explored this concept. Some in the group have a discipline of setting aside time to read Scripture as a natural part of prayer practice. Brian also suggests having a set "go to" verses for times of need and prayer. He suggests memorizing some passages that will always be at hand when needed. *"The Bible becomes embedded in our heart when we memorize it."* This led to our discussing verses that offer us inspiration, strength and encouragement in times of trouble, and rest. It was a richly rewarding conversation. These are but a few of the verse cited in our discussion:

"Be still and know that I am God" Psalm 46:10

"5 Let your gentleness be evident to all. The Lord is near. 6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:5

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"13 For I am the LORD your God who takes hold of your right hand and says to you, Do not fear; I will help you." Isaiah 41:13

"17 The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing." Zephaniah 3:17



The entire group spoke of the comfort of Psalm 23

"The LORD is my shepherd; I shall not want. 2 He maketh me to lie down in green pastures: he leadeth me beside the still waters. 3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. 4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. 5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over. 6 Surely goodness and mercy shall follow me all the days of my life: and I will

dwell in the house of the LORD for ever." Psalm 23

Of course, you will likely find other verses that speak to your heart. The underlying premise is a simple one. Bible reading is essential to prayer. Whether your prayer is based on a favorite verse or mediation that arises from simply sitting down to read the Bible your faith will grow and strengthen. Think of prayer like a physical workout that build up our muscles over time and repetition. Faith and the practice of prayer is strengthening in the same manner. I encourage you to set aside a time, a place, and a practice for daily prayer. If you need any assistance to journey down this path, please ask me or Deacon Lisa. We would be more than happy to help you. Bless you on your journey.

"Prayer provides leverage for the uplifting of ponderous truths." Charles Haddon

Blessings. Fr. Kevin

MISSION SECTION



Food Pantry

We have resumed our weekly collection for our community Food Pantries. We ask you to remember there are many in our community who are food deprived. Please join our effort when you are shopping for your groceries. If we all buy an extra can or box of food, we can have a tremendous impact on the needs of our community. There is a shopping cart and baskets in our Parish House set up for collection of food items. Heather Pusey picks up and delivers the food donations to pantries in Easton on a regular basis.

Cereal	Crackers	Little packs of pop tarts, cookies, cheese crackers and peanut butter crackers, chips
Powdered milk	Peanut Butter	
Toilet paper	Jelly	Health and personal products – soap, shampoo, toothpaste, lotion
Spaghetti and sauce	Cough drops	
Diapers	Pedialyte	
Tuna	Breakfast bars	

Holy Week Services

Each year Holy Week begins on Palm Sunday when we revisit the story of the Passion and then embark on a journey through the Last Supper, the Crucifixion, and Resurrection. At the **Palm Sunday Holy Eucharist 8 and 10 am services**, a dramatic reading of the Passion according to Mark will be presented. During the week, there will be three additional services, one on Maundy Thursday and two on Good Friday.

On **Maundy Thursday, March 28th** our service will begin on **6:00 pm** with a simple meal in the parish hall. During the meal we will share a story of the Last Supper told from the perspective of the apostles and then participate in a ritual of hand washing. Following the washing we will process over the church for a celebration of the Eucharist and solemn stripping of the altar.

On **Good Friday, March 29th** we will have two services:

At **12 noon** a community service will be held at Holy Trinity. This service will bring together Holy Trinity, Oxford Methodist Church, and Waters Methodist Church for a shared service. At this service readings from the meditation Women of the Passion will be presented by readers from our churches and we will join together in prayer and hymns.

At **4:00 pm** we will offer a traditional Stations of the Cross service. At this service prayer and meditation is offered for the 14 stations of the Way of the Cross. *Please note: we thank Justine Cooney for the new Stations of the Cross that she dedicated in memory of her beloved Jim.*

Daughters of the King

The Daughters of the King, a worldwide order of women dedicated to prayer and service, will meet in the Parish Hall at 10:00 on Tuesday Mar. 12th. All are welcomed to attend.



Prayer Requests

It seems we can all use prayers at some point in our lives. Some people are fine about others knowing they are being prayed for, and sometimes people want to be prayed for quietly and in confidence.

Here at Holy Trinity, our Holy Comforter chapter of the Daughters of the King prays daily and keeps those requests confidential. We do not need to know what it is about - God knows. If you would like us to pray for you or someone else, please contact either Midge Menzies, Barb Cross, or Sharon Paz.



Finding Hope in the Journey of Dementia

with Dorothy Linthicum



We are grateful to collaborate with Holy Trinity Oxford for this event. Join us with Dorothy Linthicum and explore notions of prevention, the basics of a diagnosis, and the hope found in possibilities. Whether you are a family or community member, a caregiver, or a pastoral leader, this topic is universally vulnerable. How can we help one another face the diagnosis of dementia in our families, among friends, or in ourselves?

Brené Brown writes: "Vulnerability is the birthplace of love, belonging, joy, courage, empathy, and creativity. It is the source of hope, empathy, accountability, and authenticity." Let us be reminded of the power of vulnerability, not to be avoided but embraced, and in embracing, taking a first step toward easing our fears.

We will explore how the self is never destroyed despite the severity of a disease or condition, an understanding that comes from many fields, including psychology, neurology, psychiatry, philosophy, and spirituality, among others. Dorothy is co-author, along with Janice Hicks, of *Redeeming Dementia: Spirituality, Theology, and Science*. Bring all of your questions, whether you are family members seeking to learn more, caretakers exploring practices, or pastoral leaders meeting community members where they are in their journey.

Wednesday, April 17 - 11:30 a.m. - 1:30 p.m.

Lunch and Conversation

Church of the Holy Trinity, Oxford, Maryland

A Morning Of Hope for anyone touched by cancer



presented by Lynn Eib
Cancer patient advocate, longtime
survivor & best-selling author

Saturday, April 20

9:00-Noon

Doors open at 8:15

Church of Holy Trinity
502 Morris Street
Oxford, MD 21654

Please join us for a
hope-filled morning of
spiritual and emotional
encouragement.

Registration Recommended

**Call 410-226-5134 by April 17
to reserve your seat.**

Lynn Eib is the author of
**"When God & Cancer
Meet"** and **"50 Days of
Hope"**.

<https://lyneib.com/>

Continental Breakfast from 8:15-8:45



OXFORD DAY HOLY TRINITY PLANT SALE

It is a one-day event -- flower delivery, set up, sale, clean up -- and fun is had by all!

Saturday, April 27 9:00 am - 2:00 pm

Lots of helpers are neededplease volunteer! Please contact Beverly Rohman at beverlyrohman@gmail.com or 410-829-9561

All proceeds go to support Local Missions!

Educational Section

Sunday School

During March the Sunday School children will continue to meet the second and fourth Sundays of the month, March 10 and 24, at 10:00.

March 24 is Palm Sunday and the Sunday School children will lead the procession. They will continue collecting donations for Change for Change.

March 31 is Easter Sunday. After children attend the 10:00 service with their families, they should go to the rectory driveway for our annual Easter egg hunt! We look forward to seeing you!

Kathy, Pucky, Barb, and Susie

Change for Change

Each year during Lent, the Sunday School children place buckets at the back of the church and in the parish hall to collect money to be used to help make change in the world. In the past, you folks have been very supportive and we have raised over \$1000 the last few years. This is done by your donations of change, bills, and checks.

The children make the decisions themselves as to how to spend the money. The discussions are thoughtful and caring. "Should we get a donkey or a bicycle? Both can be used for transportation, but the donkey can plow fields."

"Yes, but the donkey has to eat."

These are the kinds of discussions the children have. One year they decided on a donkey and another year they decided on a bike. It's entirely up to them.

One tradition we would like to continue that started the first year we did this. This is to donate a male and female goat so that the village can raise more goats. Mary and Clint Clubb were faithful sponsors of this and some other folks have done this since their passing, but we need someone to sponsor them this year. If you are willing to sponsor a male and female goat for \$100 please let Barbara know.

We thank you all for your support.

The Sunday School



Easter Bunny Needs Your Help!

We will once again continue our tradition of offering an Easter egg hunt in the rectory yard. It will take place after the 10:00 service. To do this, we need your help.

We need to fill the plastic eggs with candy. We hope you can join us in the Parish Hall after the 10:00 Palm Sunday service to get the eggs ready.

Please remember that all children are invited to the Easter egg hunt. So bring your children, grandchildren, nieces, nephews, neighbors. Let's celebrate!

Inquiring Believers Study the Old Testament

Currently, the group is studying the Old Testament using Professor Robert Miller's Great Courses video lectures for a class titled, *Understanding the Old Testament*, and sections from Paul Johnson's *A History of the Jews*. We are also reading sections of the Old Testament that correspond to Professor Miller's lectures.

We meet every Monday evening at 5:00 and are always happy to welcome new members. If you would like to join in, please contact Bob Kelly at kellyrf@lemoyne.edu or Dave Poe at davidrussellpoe@gmail.com

March Service Musicians

March services are full of music this Lenten Season. We have a Peruvian Baritone, The Holy Trinity Choir, a pair of World Drummers, a Flutist, and a vocalist contributing to our worship experiences.

- March 3 9:30 a.m. Jose Sacin, Baritone and The Holy Trinity Choir
- March 10 10 :00 a.m. Ted Nichols and Hannah Wilkins, World Drummers
- March 17 8 a.m. Melissa Wise, Soprano
- 10 a.m. Ashley Watkins, Flute, The Holy Trinity Choir, Melissa Wise & Dan Wright Duet
- March 29 12 noon Community Good Friday with Ashley Watkins, Flute
- March 31 8 a.m. Melissa Wise, Soprano
- 10 a.m. The Holy Trinity Choir

Upcoming April Concert featuring the Amara Trio!

Sunday April 14, 2024 2 p.m. Parish Hall

Please note the concert time!



through "Community." They can often be found sharing their music at Mt. Sinai Hospital (NY) and in New York and New Jersey retirement homes. Upcoming performances include recitals at The Juilliard School and Alice Tully Hall. We welcome these young, talented musicians to Oxford!

The newly formed Amara Trio will be participating in the 2024 Chesapeake International Chamber Music Competition April 13th. Every finalist ensemble presents a community concert on April 14th. Holy Trinity is hosting an exciting piano trio, The Amara Trio, Sunday afternoon April 14th at 2 p.m. We have hosted a number of finalists over the years, all of which have been very exciting! The Amara Trio is quite unique. Last summer, August 2023, three Juilliard students came together to form a Piano Trio (violin, cello, piano). They are very passionate about their music and sharing their music

WOMEN ON A JOURNEY

Women On A Journey will be on hiatus for the month of March. Next meeting is on April 3rd. Details will be published in the April Lifeline.



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The Church of the Holy Trinity



Lifeline



MISSION

The Church of The Holy Trinity, an Episcopal Parish in Oxford, Maryland: a caring Christian community dedicated to growing in God's love through worship, study, service and fellowship.

Who We Are

We are a small parish with a big heart comprised of committed people willingly sharing their talents to help those in need.

We are all seekers on a spiritual journey; encouraging of others also on the journey, and non-judgmental of where one might be on that journey.

Service Schedule is as follows:

Sunday Holy Eucharist Services are held 8:00 am and 10:00 am. On the first Sunday of every month a combined service at 9:30 am. All services are in-person and broadcast